

ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE



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Coastal Medical Clinic
P.C.



Menopause and Andropause

Can be the greatest time of your life!

But for so many, these years are dreaded and for good reason. Symptoms such as hot flashes, night sweats, palpitations, weight gain, vaginal dryness, wrinkled skin and increased risk of breast cancer can contribute to the discomfort of menopause.

As they age many men experience low testosterone, which can include decreased libido, strength & endurance, fatigue, mood changes, erectile dysfunction and deterioration in work performance.

Call to find what can be done to help you with hormonal imbalance, thyroid illness, adrenal fatigue, nutritional deficiencies, osteoporosis, and weight loss to promote optimal **health & vitality!**

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